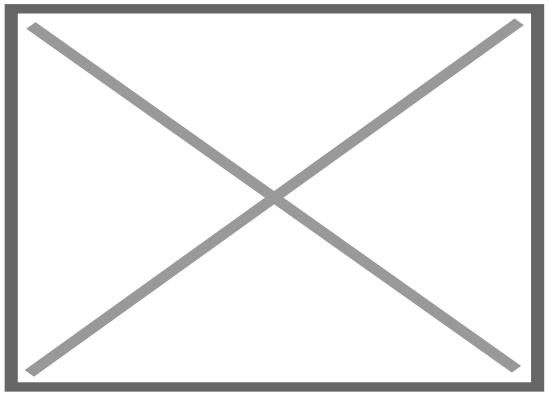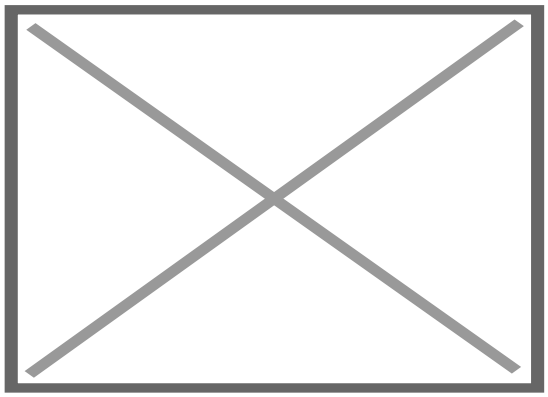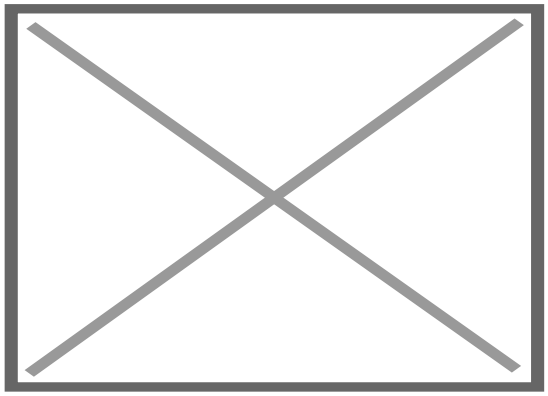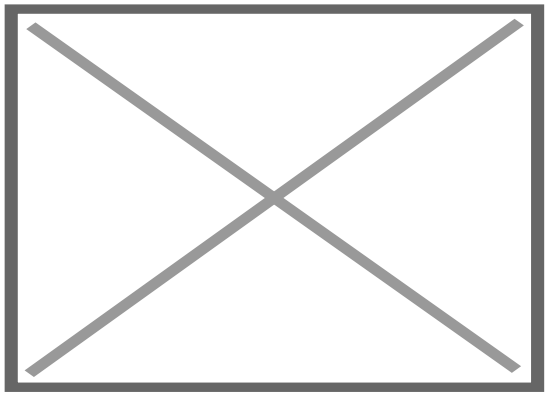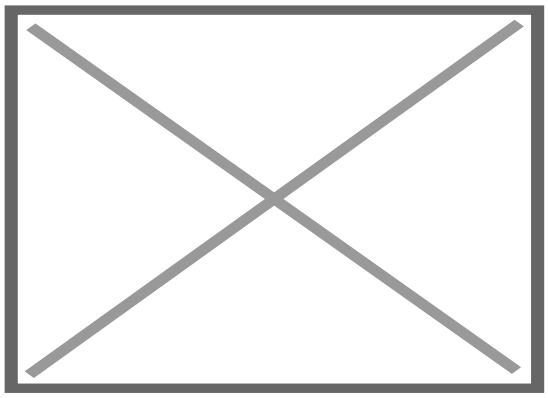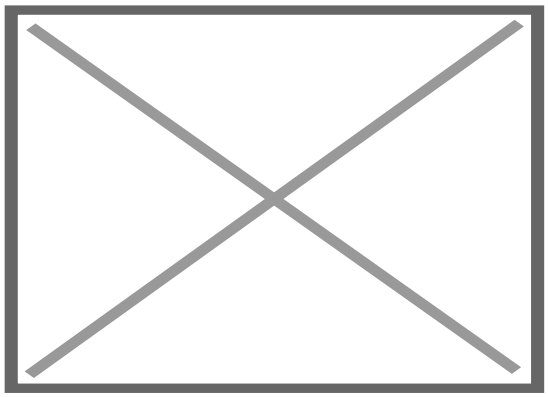Crecimiento y regeneracion del musculo esqueletico